

平了一静

Make Calm

曹象 Cao Xiang

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ART ONE
03.28~31
牛棚 12 廳

平了一静

就像吃了一惊、睡了一觉，如果把平静作为一个寻常动词，看似生造，却也不乏生动地描摹了：在如今躁动不安的都会生活里，平静往往得来不易，甚至需要刻意为之。

在曹象对城市日常的观察与捕捉里，就藏着一次次的“平了一静”。在陷入寻常的动作之间，努力凝视为之振奋的东西。

Make Calm

Just like being startled or drifting into sleep, if we treat "calm" as an ordinary verb—seemingly invented yet vivid—it captures how, in today's restless urban life, tranquility is often hard-won and even requires deliberate effort.

In Cao Xiang's observations and captures of city routines, there lie repeated instances of "make calm." Amidst the triviality of everyday motions, he strives to fix his gaze on what stirs the soul.





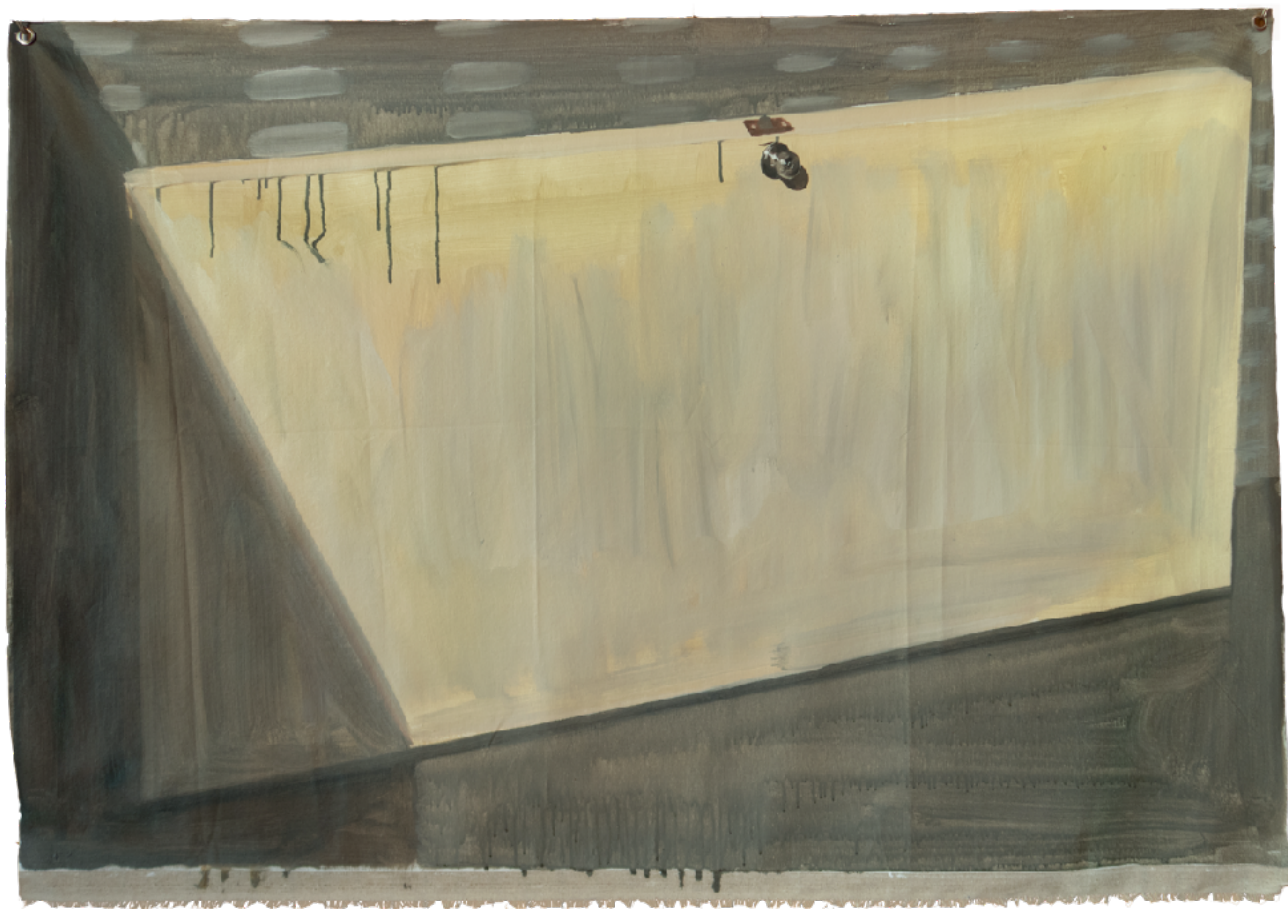




居民
Citizen

2024
布面丙烯（无内框）
acrylic on canvas (without frame)
478cm x 134cm





休息的门
The Resting Door

2021
布面丙烯(无内框)
acrylic on canvas (without frame)
83cm x 118cm





漂浮
Floating

2021
布面丙烯(无内框)
acrylic on canvas (without frame)
105cm x 100cm





小成就

Little Complacency

2022

布面丙烯

acrylic on canvas

30cm x 40cm





角色 02

Character 02

2022

布面丙烯(无内框)

acrylic on canvas (without frame)

170cm x 120cm





XXXL

2023

布面丙烯

acrylic on canvas

50cm x 40cm





两个好朋友
Two Good Friends

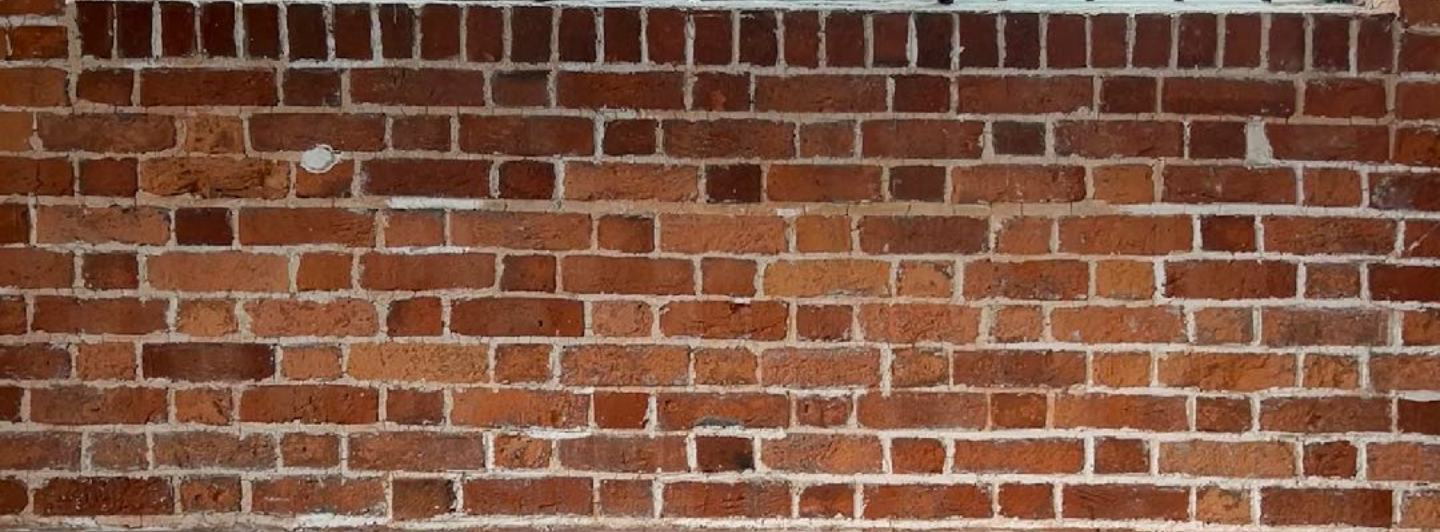
2024
布面丙烯
acrylic on canvas
40cm x 50cm





缺口
Crack

2024
布面丙烯
acrylic on canvas
40cm x 50cm





套装
Set

2024
布面丙烯 (无内框)
acrylic on canvas (without frame)
135cm x 170cm







浮动的线条
Floating

2024
布面丙烯
acrylic on canvas
50cm x 40cm





斑马
Zebra

2025
布面丙烯
acrylic on canvas
50cm x 40cm





画册
Art Book

2024
印刷书本, 150版
printed books, 150 editions
29cm x 21cm x 2cm



画册

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2024

印刷书本，150版

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29cm x 21cm x 2cm



香港痕迹

曹象

香港很多地方充满了痕迹，像是个用顺手了的老物件。

可能就是用着太顺手了，每个人也行动很快，坐地铁进闸很快，走路很快，街边茶餐厅点菜很快，好像稍微犹豫一下点热奶茶还是冻奶茶，就会打乱老板娘的节奏。

很多大楼里的电梯都还是老式样貌，持久耐用。快节奏的表面之下，痕迹也沉淀出一种实在感。

Traces of Hong Kong

Cao Xiang

Many parts of Hong Kong bear traces of time, like a well-worn tool that feels effortless in hand.

Perhaps because this familiarity breeds speed, everyone moves with urgency: swiping through subway turnstiles, striding briskly down streets, or ordering dim sum in cha chaan tengs with mechanical efficiency. Hesitating too long over hot or iced milk tea might disrupt the boss lady's rhythm.

Even the old-style elevators in many buildings, built to last, seem to echo this tempo. Beneath the surface-level haste, the city's accumulated wear and tear has sedimented into a tangible sense of rootedness.







曹象

1995年生于南京，现生活工作于深圳和上海。他硕士毕业于上海美术学院美术学专业架上绘画方向。曹象以绘画玩味日常里的异质观感，从一种游离的视角挖掘生活景象背后的未知体验，并将视觉表象提炼、抽象化。

Cao Xiang

Born in 1995 in Nanjing, currently lives and works in Shenzhen and Shanghai. He holds a master's degree in fine arts from the Shanghai Academy of Fine Arts, focusing on easel painting. Through his paintings, Cao playfully explores heterogeneous perceptions in everyday life, delving into the unknown experiences hidden behind familiar scenes from a detached perspective. He refines and abstracts visual appearances to create his works.

个展/个人项目

- 2025 平了一静，牛棚艺术村12号厅，香港
- 2024 久视不识，SNAP艺术中心，上海
- 2024 遥远的生活，深业东岭，深圳
- 2020 幸福的秩序，INJOY ART SPACE，上海
- 2019 非局限生长，静安新业坊，上海，

群展

- 2025 第八届约翰莫尔绘画奖（中国）作品展，久事美术馆，上海
- 2024 深纪元：第十届青年艺术周邀请展，燕晗高地，深圳
- 2024 园宇宙，一树ARBRE艺术空间，深圳
- 2024 越界！，岭南美术馆，东莞
- 2024 自星体世界，无伴奏空间，深圳
- 2023 湾区时间：影像的媒介与方法，连州国际摄影年展二鞋厂展区，清远
- 2023 引力场：第五届深圳当代艺术双年展 地缘诗集，大芬美术馆，深圳
- 2023 新节点——第七届约翰·莫尔绘画奖（中国）获奖及入围艺术艺术家机构收藏展，艺博画廊，上海
- 2023 空山无人，山空间，深圳
- 2023 家屋，邻人与再现的叙事，再饷美术馆，深圳
- 2023 第七届约翰莫尔绘画奖（中国）作品展，宝龙美术馆，上海
- 2022 2021毕业之星的选择，盒子艺术空间，深圳
- 2022 伴生，一树ARBRE艺术空间，深圳
- 2022 远不止此，卡马约雷神圣艺术博物馆，意大利
- 2020 第二届艺术与设计创新未来教育博览会，西岸艺术中心，上海
- 2019 移动——上海青年艺术家百人邀请大展，马利美术馆，上海
- 2019 电动立方体，M50创意园电梯空间，上海
- 2019 油罐玩家艺术节，A+Contemporary亚洲当代艺术空间策划，油罐艺术中心，上海
- 2019 汇创青春——第四届上海大学生文化创意作品展，上海国际时尚中心，上海
- 2018 合订本 2018”，苔画廊，昆明
- 2017 杏林撷英——全国高等美术院校优秀学生作品邀请展，中华艺术宫，上海

Solo Exhibitions/Projects

- 2025 Make Calm, Cattle Depot Gallery 12, Hong Kong
- 2024 Semantic Satiation, SNAP, Shanghai
- 2024 Far Alive, Eastlink Tower, Shenzhen
- 2020 The Order of Wellbeing, INJOY ART SPACE, Shanghai
- 2019 Non-limited Growing, Jingan Innovation Galaxy, Shanghai

Group Exhibition

- 2025 8th John Moores Painting Prize (China) Exhibition, Jiushi Art Museum, Shanghai
- 2024 Anno of Shenzhen: The 10th Shenzhen Young Artists Week, Highland Art Space, Shenzhen
- 2024 YUANLINGCIAGIA, Arbre Art Centre, Shenzhen
- 2024 Crossing Boundaries!, Lingnan Museum of Fine Art, Dongguan
- 2024 Mutual Mapping with Self and World, Secco Space, Shenzhen
- 2023 Time Zone Of The Bay Area: Media And Methods Of Images, LIANZHOUFOTO Second Shoe Factory Exhibition Area, Qingyuan
- 2023 Gravitational Field-The 5th Shenzhen Biennale of Contemporary Art, Landscape Poetry, Dafen Art Museum, Shenzhen
- 2023 New Version, 7th John Moores Painting Prize(China) Shortlist Artists Works Collection, Yibo Gallery, Shanghai
- 2023 Lone Mountain, Flowing Flowers, San Space, Shenzhen
- 2023 The Flow of Represented Stories Between Inside and Outside, Granary Art Museum, Shenzhen
- 2023 7th John Moores Painting Prize (China) Exhibition, Power Long Museum, Shanghai
- 2022 The Choice Of The Graduate Star In 2021, Boxes Art Space, Shenzhen
- 2022 ASSOCIATED, Arbre Art Centre, Shenzhen
- 2022 *Nonostante Tutto*, Museo D'Arte Sacra, Camaiore, Italy
- 2020 *Art and Design Education: Futurelab 2020*, West Bund Art Center, Shanghai
- 2019 *Mobile Shanghai*, Maries Art Museum, Shanghai
- 2019 *Electric Cube*, M50, Shanghai
- 2019 *Tank Art Festival*, TANK, Shanghai,
- 2019 *Think Youth-The Forth Shanghai University Students Cultural Creative Works Exhibition*, Shanghai International Fashion Center, Shanghai
- 2018 *Contract 2018*, Moss Gallery, Kunming, 2018
- 2017 *Considerable Elites-National Invitational Exhibition for the Outstanding Student Works of Fine Art Colleges*, China Arts Museum, Shanghai



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2025.3.28-3.31

香港牛棚艺术村12号厅

Gallery 12 Cattle Depot Hong Kong

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